

NEW IN 2026

CUA30120 Certificate III in Dance

Suitable for Students aged 14 +

The CUA30120 Certificate III in Dance offers a holistic approach to dance education, blending practical training with theoretical knowledge and career exploration. By beginning with body conditioning and emphasizing self-care through strength and flexibility, students are equipped with essential tools for a sustainable dance future. A focus on career paths and self-awareness helps students envision their future in the dance industry, fostering a sense of purpose and direction.

During this course, students will

- Work in a team to create a specific task-based project
- Develop an understanding of the mechanics around creating a project, for their assessment, coordinating meeting agendas and logistical details
- Create a small group dance piece. Students are carefully guided through choreographic choices and devices available to them and will arrange their work to perform to a live or virtual audience
- Understand anatomy, physiology, and the best conditioning methods to support their dance practice
- Increase strength, flexibility, stamina and mental preparedness for performance
- Design a concept for performance setting or character profile, looking at the staging and audience configurations, or hair, makeup and costume designs
- Plan a career to assist with their future visions
- Understand the expansive creative arts industry and the opportunities that are available to students and career seekers, locally, nationally and internationally
- Students also have the opportunity to complete a day volunteering or working in the industry
- Develop a toolkit and the skills required to audition in the industry, including headshots, resumes and show reels
- Deepen their understanding of multiple dance styles, by taking classes, rehearsing solo and group routines for performance, and working towards industry relevant key performance indicators
- Develop their musicality and expressive skills, and learn to confidently improvise and partner other dancers
- Understand the importance of setting goals and working consistently towards meaningful targets



EXTENSION+
ACCREDITED COURSES

POWER. PRECISION. PROGRESS

ALL COURSES DELIVERED
IN PARTNERSHIP WITH
Empowerdance
PTY LTD RTO: 40397

Course Overview

- Duration: 45 weeks
- Commitment: Monthly Education Sessions held on a Sunday in Sunbury. Plus 1-2 hours of at home study per week and a commitment to complete practical hours of Dance Training in own time.
- Aimed at expanding dancer's skills to further their training and work on projects in a team
- Enhances choreographic skills, planning a career in the dance industry, safe dance practice, and confidence
- Ideal for validating general dance studio participation and exploring various dance genres
- Students study 13 units including 5 core units and a minimum of 8 elective units
- Also for students wishing to add credibility to their resume and potentially earn points or credits towards their VCE

Course Highlights

- Participate in dance classes across various genres including classical ballet, street dance, contemporary, lyrical, acro, tap, jazz, and musical theatre
- Manage a project within a team, designing a film clip or self-directed project
- Learn choreography basics to create polished dance pieces for public performance
- Develop industry-ready tools including a resume, showreel, and skills in costume and makeup design

Units of Work

CORE UNITS

- CUACHR311 Develop basic dance composition skills
- CUADAN331 Integrate rhythm into movement activities
- CUAIND311 Work effectively in the creative arts industry
- CUAPRF317 Develop performance techniques
- CUAWHS311 Condition the body for dance performance

ELECTIVE UNITS (Selected by Extension+)

- CUADAN314 Develop dance improvisation skills
- CUAMUP311 Prepare personal appearance for performances
- BSBTWK201 Work effectively with others
- CUADAN315 Increase depth of jazz dance techniques
- CUADAN316 Increase depth of ballet dance techniques
- CUADAN318 Increase depth of contemporary dance techniques
- CUADAN321 Increase depth of tap dance techniques
- CUAPRF316 Develop basic musical theatre techniques

Assessment

Assessment types vary for each unit and include practical participation in technique classes, performances, knowledge papers, journals, folios, short written reports, interviews, diagrams and student-based projects

Delivery

Dance Education / Theory Sessions will be delivered monthly on a face to face basis. Sessions will take place in Sunbury. (Times TBA)

There will also be online Q and A sessions to assist with at home study

**“BECAUSE ELITE TRAINING
DESERVES FORMAL
RECOGNITION”**



Contact Us for more Information:

info@extensionplus.com.au

www.extensionplus.com.au

Follow us on FB and Instagram

EXTENSION+

ACCREDITED COURSES

POWER. PRECISION. PROGRESS

ALL COURSES DELIVERED
IN PARTNERSHIP WITH

Empowerdance
PTY LTD RTO: 40397