

NEW IN 2026

CUA20120 Certificate II in Dance

Suitable for Students aged 13 +

The CUA20120 Certificate II in Dance is an enriching journey into the world of dance, not only focusing on mastering dance styles but also emphasizing problem-solving skills, safe dance practices, and physical fitness. Students have the opportunity to delve deeper into their chosen dance styles and work both independently and collaboratively within a group setting.

During this course, students will:

- Gain a clear understanding of safe dance practices, including classwork, warm-ups and cool-downs, proper alignment, and injury prevention
- Learn fundamental knowledge of anatomy and movement principles to enhance their dance practice
- Collaborate in groups to build strong communication, organization, and time management skills, and grasp the importance of body language and behavior skills that are valuable in everyday life.
- Explore the diverse creative arts industry and discover various opportunities available for students and career seekers
- Enhance their knowledge of three dance styles through participation in classes, rehearsal processes, and performances, while appreciating stylistic feedback from teachers and mentors
- Work towards achieving physical conditioning goals
- Develop strategies to build resilience under the pressure of performance



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Empowerdance
PTY LTD RTO 40397

**“BECAUSE
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FORMAL
RECOGNITION”**



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Info

Course Overview

- Duration: 45 Weeks on a part-time basis
- Commitment: Monthly Education Sessions held on a Sunday in Sunbury. Plus 1-2 hours of at home study per week and a commitment to complete practical hours of Dance Training in own time.
- Aimed at expanding dancer's skills and competence
- Enhances choreographic skills, safe dance practice, and confidence
- Ideal for validating general dance studio participation and exploring various dance genres
- Students study 10 units including 6 core units and a minimum of 4 elective units

Course Highlights

- Anatomy and body mapping
- Safe dance practice
- Occupational health and safety in the dance studio
- Designing a project in a group situation
- Weekly participation in various dance genres

Units of Work

Core Units

- CUADAN211 Develop basic dance techniques
- CUADAN212 Incorporate artistic expression into basic dance performances
- CUAPRF211 Prepare for live performances
- CUAWHS111 Follow safe dance practices
- CUAWHS211 Develop a basic level of physical fitness for dance performance
- CUAIND211 Develop and apply creative arts industry knowledge

Elective Units (Selected by Extension+)

- CUADAN213 Perform basic jazz dance techniques
- CUADAN215 Perform basic contemporary dance techniques
- CUADAN216 Perform basic ballet techniques
- BSBTWK201 Work effectively with others

Assessment

Assessment types vary for each unit and include practical participation in technique classes, performances, knowledge papers, journals, folios, short written reports, interviews, diagrams and student-based projects

Delivery

Dance Education / Theory Sessions will be delivered monthly on a face to face basis. Sessions will take place in Sunbury. (Times TBA)

There will also be online Q and A sessions to assist with at home study



Contact Us for more Information:

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www.extensionplus.com.au

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